

The Best Questions

Ask yourself these questions or bring these questions to a conversation,
it will completely shift your interaction!

<i>To get at someone's underlying interests</i>	<i>To generate ideas and solutions</i>
<ul style="list-style-type: none">• What does this mean to you?• How did it impact you?• What do you need to feel better about this?• Are there other factors that make this important to you?• What do you hope will happen as a result of this conversation?• Why is that important to you?• What concerns you the most about this situation?• It sounds like this really matters to you a lot. Can you say more about it?	<ul style="list-style-type: none">• Can you help me understand why that would work for you?• What needs to happen to make the situation right?• What would it take for you to let go of what happened, and move on with your life?• How would you like this to look in the future?
<i>To help you understand the other person</i>	
<ul style="list-style-type: none">• Can you tell me what you heard me say?• What is it that you want me (or others) to understand about this?• How can you say it so that (John) will understand you?• Can you say that to him now?• What kind of relationship would you like to have with John?• What life experiences led you to feel so strongly about this issue?• What role have you played in this conflict, either through action or inaction?• If you had 20/20 hindsight, what would you do differently?• What is the one thing you would like him to acknowledge for you?• What is the one thing you are willing to acknowledge for him?• What can you do to resolve this issue?• How would you like the relationship to be in the future?	

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to set up your first 20 minute free consultation.

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